



**Pinellas Secondary School**  
*Roaring Towards Success*

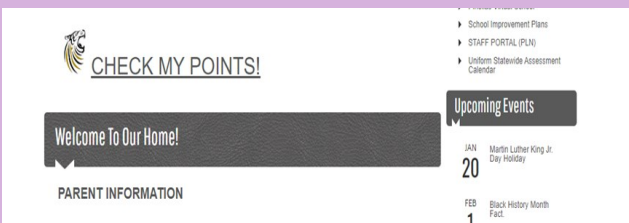
# September 22, 2022

## IMPORTANT MESSAGES



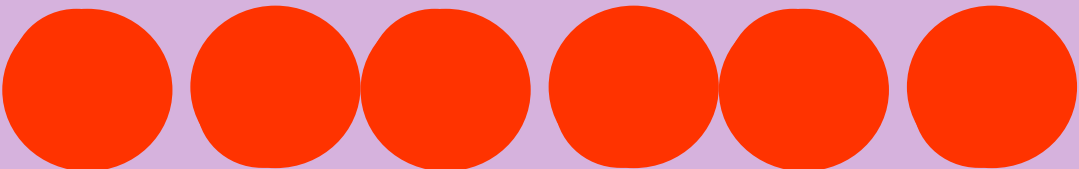
Students can **NOW** Check their points  
on our school website.

**<https://www.pcsb.org/pinellas-sec>**



Click on **CHECK MY POINTS**

An **EXCEL** sheet will open  
like this. ↓



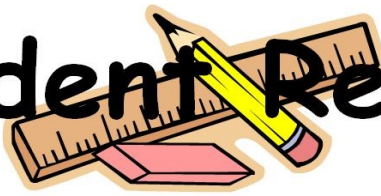


# New Staff Members

- Dr. Michelle Branton – Literacy Coach
- Pamela Douglas- Math Coach
- Norma Foster – ESE/ VE Teacher



# Student Resources



## 988 Suicide and Crisis Hotline

The NIMH (National Institute of Mental Health) reports that, after years of advocacy and preparation, **988 is now available nationwide as the new number to contact for mental health, substance use and suicide crises** — a simple, easy-to-remember way for people to get help. 988 is the new three-digit dialing code connecting people to the existing National Suicide Prevention Lifeline (now the 988 Suicide and Crisis Lifeline) where compassionate, accessible care and support is available for anyone experiencing mental health-related distress — whether that is thoughts of suicide, mental health or substance use crisis, or any other kind of emotional distress. People can also dial 988 if they are worried about a loved one who may need crisis support.

Suicide is the 2nd leading cause of death among people aged 10–14 and the 3rd leading cause of death among people aged 15-24 in the U.S.

- Annual prevalence of serious thoughts of suicide, by U.S. demographic group:

18.8% of high school students

45% of LGBTQ youth

The highest rates of suicide in the U.S. are among American Indian/Alaska Natives followed by non-Hispanic whites.

Lesbian, gay and bisexual youth are nearly 4x more likely to attempt suicide than straight youth.

## So, what does this all mean for PSS?

Many of our students come from trauma-impacted families and communities and may have difficulty transitioning into the learning environment. Coupled with the high rates of anxiety and depression in children; trauma, depression, and anxiety can challenge delivery of classroom instruction and make it at times feel impossible to teach and learn.

Service delivery to many of our students can start at home with the new 988 system. Our students are very proficient at the use of technology and texting. The 988 system is available at their fingertips 24 hours a day. A student in crisis does not have to wait for an appointment or to see a counselor to discuss their feelings during times when they feel their most vulnerable or anxious to discuss feelings of emotional distress. It is suspected the students will feel comfortable with the texting format that 988 provides until the student can be seen in person by a mental health professional. Posters for the new 988 system has been placed in the cafeteria, student services offices, and hallways.

Randy Richards, LCSW

Licensed Clinical Social Worker

Certified Clinical Trauma Professional



## STUDENT OF THE MONTH AND ATTENDANCE AWARDS

This school year, we are introducing a new program for PBIS Schoolwide called "Dress Down Friday."

All students selected as winners for the student of the month will be able to dress down every Friday for the month they are being recognized. The students who earn our monthly attendance awards will also be able to participate in "Dress Down Friday" one Friday per month as designated.

All students who earned this reward will be issued an armband they will receive on the designated Friday at check-in. The student will be given parameters on the dress-down day and must adhere to the parameters to be afforded the dress-down day opportunity.

Our first "Dress Down Friday" will occur on Friday, September 1st. We will recognize our students of the month (who will be able to dress down every Friday for the month of September) and our attendance award winners (who will have an opportunity to dress down on Friday, September 1<sup>st</sup> only).

Please encourage the students who are not in uniform to keep up the good work.





# Student of the Month

**MIDDLE SCHOOL CHRISTINA P.**



**HIGH SCHOOL— OCEAN T.**



# Perfect ATTENDANCE



Alexander A.

Bryant A.

Mykael C.

Tyler W.

Alex'zasia C

Kalin J

Kingston L.

Je'Nyjah M.

Dae'vion W.

Christina P.

Zackery P.

Treveion W.

Da'nyiah P.

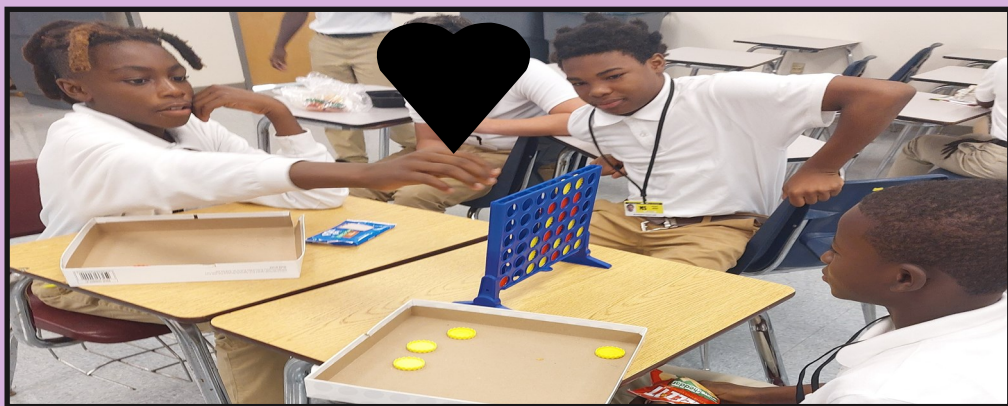
Ah'zaria J.





# Middle School

Earned Reward Time during middle school lunch. The students love to play games and color making them feel relaxed, calm and having fun while enjoying lunch.



# Rewards

# School Board Member List

THE SCHOOL BOARD OF PINELLAS COUNTY, FLORIDA  
301 4<sup>th</sup> Street SW  
Largo, FL 33770

E-MAIL ADDRESS: [board@pcsb.org](mailto:board@pcsb.org)

**MEMBERS OF THE BOARD**  
Nov. 2021 - Nov. 2022

**Chairperson**  
Eileen M. Long  
(Single Member District #4)  
(727) 588-6554  
Terms: 2016-2024

**Vice Chairperson**  
Lisa N. Cane  
(At Large District #2)  
(727) 588-6556  
Term: 2018-2022

Nicole M. Carr, PhD  
(At Large District #3)  
(727) 588-6557  
Term: 2018-2022

Carol J. Cook  
(Single Member District #5)  
(727) 588-6300  
Terms: 2000-2024

Bill Dudley  
(Single Member District #6)  
(727) 588-6552  
Term: 2018-2022

Caprice Edmond  
(Single Member District #7)  
(727) 588-6553  
Term: 2020-2022

Laura Hine  
(At Large District #1)  
(727) 588-6551  
Term: 2020-2024

Messages will be taken for school board members at the board office, (727) 588-6300, by Cathy Houck, administrative assistant to the board, or Kimberly Christy, secretary to the board.

Administration Building  
301 4th Street SW  
Largo, FL 33770

Bd2021-22





# News you can Use



## Bus Bulletin: Information Item

*Parents,*

*If your child rides a bus to school each day, you can keep updated on any issues by signing up for Bus Bulletin. Bus Bulletin will notify you by text, phone call or email if:*

*A bus is late.*

*A route has changed.*

*There has been an accident.*

*If your child rides a bus, please take advantage of this free service. Sign-up by going to <http://busbulletin.com/parents/>*

## Important Dates

**Friday, October 14, 2022-- End of first quarter**

**Monday, Oct 17th-- No school for students**

**Thursday, Oct. 27th-- Report cards distributed**



important stuff